

Northern Drugs and Alcohol Coordination Team

4th annual seminar

**Drugs and alcohol,
suicide and self-harm
– cause or effect?**

Wednesday 10 February 2010

In partnership with the Northern Area
Promoting Mental Health and Suicide
Prevention Steering Group



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Drugs and alcohol, suicide and self-harm – cause or effect?

Seminar aims

1. To increase awareness of links and risks between drugs, alcohol, suicide and self-harm with local groups, agencies and sectors.
2. To locally increase awareness of community-based support available and models of good practice, in relation to drugs, alcohol, suicide and self-harm.

Target groups

NDACT partners, Promoting Mental Health and Suicide Prevention Steering Group partners, Investing for Health/ Health Action Zone partners, service providers, primary and secondary care providers, Health and Social Care colleagues and the voluntary and community sector.

Date: Wednesday 10 February 2010

Venue: The Linen Suite, New Mossley Mill,
Newtownabbey Borough Council,
Newtownabbey

Programme

- 9.15am** Registration
- 9.45am** Welcome
Dr Eddie Rooney, Chief Executive, Public Health Agency (PHA)
- 10.00am** Key note address
VIP guest
- 10.15am** Setting the scene locally
Madeline Heaney, NDACT (PHA)
- 10.30am** Update on the study into the use of alcohol and drugs immediately prior to suicide in Northern Ireland
Dr Andrew Gamble and Dr Diana Gosrau-Breen, PHA
- 11.00am** Questions
- 11.10am** Tea/coffee
- 11.30am** Community models of good practice:
 - ZEST
Conor McCafferty
 - Dunlewey substance advice centre
Annette Daykin-Goodall
- 12.15pm** The self-harm registry pilot
Amanda O'Carroll, CAWT

- 12.45pm** Questions
- 1.00pm** Lunch (and opportunity to view display stands)
- 2.15pm** Linking drugs, alcohol and suicide prevention across the Northern area
Gabrielle Nellis, PHA
- 2.35pm** Look after yourself and others
Kate Miller, Samaritans
- 3.00pm** Questions and closing remarks
- 3.30pm** Close with tea and coffee